

OCTOBER PROGRAM HIGHLIGHTS:

Asian American Immigrant Voices
Tuesday 10/12 1:30pm-2:30pm

Online Payment Apps: Venmo & PayPal
Thursday 10/14 6pm-7pm

What is Aging in Place?
Tuesday 10/26 10am-11am

Mystery Movie Matinee (Knives Out)
Friday 10/29 2:30PM-4:30PM

**NOTE: "STUDY OF WORDS" ON
10/13 & 11/10 IS CANCELLED.**

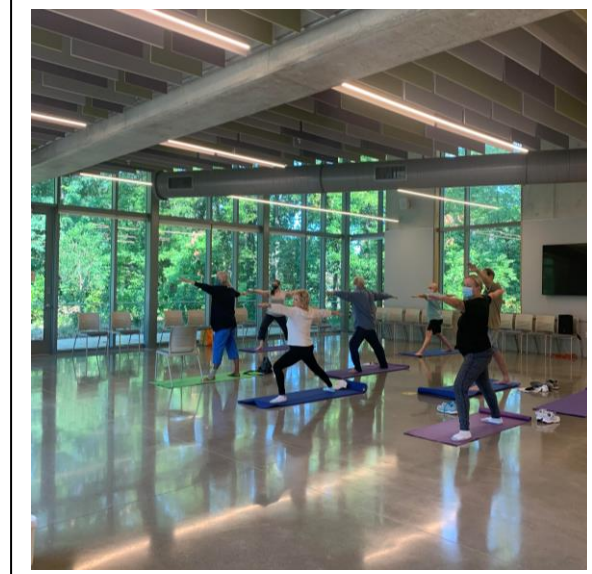
Let Us Know You're Coming. Please register ahead!

Even when the programs are free, we ask that you register ahead. We need to know how many to expect in order to have enough materials prepared and to reserve the proper-size room for the activity. Also, this allows us to contact you when a program is cancelled due to low enrollment or instructor illness. We welcome you to join us, but it is tremendously helpful if you assist us in planning by reserving your space

We ask that you wear a face covering when participating in a 55+ program. Exceptions will be made for physical activity. For further information on our mask policy, visit:

Fee Reduction

You may qualify for fee reductions based on household income and size. Fee reductions on classes are available on a sliding scale. For information about eligibility and how to apply, see www.arlingtonva.us (search for "fee reduction"), please call 703-228-4744, or speak to a Senior Center staff member



LUBBER RUN 55+ CENTER

OFFICE OF 55+ PROGRAMS

300 N PARK DR, ARLINGTON, VA
22203
703-228-4712
<http://parks.arlingtonva.us>



55+ Pass Registration Fees:

55+ Arlington County Residents:
Individual \$20
Household \$30

Non-Arlington Resident:
Individual \$45
Household \$65

55+ Pass Gold

Registration Fees:

55+ Arlington County Residents:
Individual \$60
Household \$90

Non-Arlington Resident:
Individual \$90
Household \$135

You must be registered and have a current "55+ Pass" to be able to participate in our programs and classes.

How to register: The front desk, by phone at 703-228-4767 or online at registration.arlingtonva.us

Note: [Long Bridge Aquatics & Fitness Center](#) senior memberships are not associated with the 55+ Program (including the 55+ Pass or 55+ Gold Pass). [Learn the difference between Long Bridge memberships and other Parks & Recreation memberships.](#)

From Brittany...

I hope everyone is enjoying Lubber Run and getting back into the groove of in-person programming. We appreciate your patience as we work to perfect the process and welcome some programs & participants from our neighboring centers.

It's been a great pleasure to meet so many of you and I look forward to continuing to do so!

Brittany Miller
55+ Center Director

CENTER HOURS

Monday-Friday
9am-3pm
Evening and
Weekend programs
as scheduled

ARLINGTON
VIRGINIA

DEPARTMENT OF PARKS
AND RECREATION



Arlington County Department of Parks and Recreation, in an effort to eliminate barriers, develop skills, and promote inclusion and positive attitudes, is committed to promoting participation by providing reasonable modifications for individuals with disabilities upon request. Two weeks advance notice is preferred.

Please call: 703-228-4767 or TTY 711