



Please register ahead!

You can call 703-228-4747 to reserve a spot or sign-up online.

For information contact 55+ Center Director, Lila Paig, at lpaig@arlingtonva.us

AURORA HILLS 55+ SENIOR CENTER

735 S. 18th Street
Arlington, Virginia 22202
703-228-5722

October 2021

ANNUAL FEES

Arlington County Resident
Arlington County Household
Non-Arlington County Resident
Non-Arlington County resident

GET A 55+ PASS!

55+ Pass \$20
55+ Pass \$30
55+ Pass \$45
55+ Pass \$65

GOLD \$60
GOLD \$90
GOLD \$90
GOLD \$135

55+ GOLD Pass Benefits - Enjoy all the benefits of the regular pass - PLUS access to Arlington County's fitness centers any time during center community hours. Note: Long Bridge Aquatics & Fitness Center senior memberships are not associated with the 55+ Program (including the 55+ Pass or 55+ Gold Pass). Learn the difference between [Long Bridge memberships](#) and other [Parks & Recreation Memberships](#).

There are four ways to sign up: **ONLINE:** parks.arlingtonva.us and search "55+ pass" **MAIL:** 300 N Park Dr Arlington, VA 22203 (get the registration form online) **PHONE:** 703-228-4747 (Mon.-Fri., 8 a.m.-5 p.m.)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>TR = Training/Meeting Room MR = Main Room OS = Outside RA = Reception Area * = PROGRAM HAS FEE</p> <p>Registration required for programs in RED</p>	<p>Please start collecting coats/jackets for our Coat Drive from October 18- November 22!</p>	<p>For full calendar of 55+ programs at all centers, please go to: 55+ Activities - Parks & Recreation (arlingtonva.us)</p>	<p>Please note: Walter Reed (WR) is currently being used as a vaccine clinic. Some 55+ programs from WR have been re-located to Aurora Hills on Tuesdays and Thursdays. Aurora Hills Center is still closed to the public on Tues/Thurs, and only open to those who are attending the scheduled programs.</p>	
<p>4</p> <p>10-11 *Gentle Hatha Yoga TR 10-12 Yarn Crafters MR 11:30-1 Advisory Committee meeting TR</p>	<p>5</p> <p>1-2 Tai Chi Practice MR</p>	<p>6</p> <p>10-12 Foursome Bridge MR 10-12:15 Mac, iPhone, iPad (by appt.) KIT 1-3 Ice Cream Meet N Greet! MR Music by Chuck Vasaly & The Rockin' Chairs 2-3 Tai Chi Practice OS</p>	<p>7</p> <p>2-3 *Tai Chi Chu'an MR</p>	<p>8</p> <p>10:30-11:30 Line Dancing MR 12:30-2:30 Movie Classics: "American Graffiti" MR</p>
<p>11</p> <p>10-11 *Gentle Hatha Yoga TR 10-12 Yarn Crafters MR</p>	<p>12</p> <p>1-2 Tai Chi Practice MR</p>	<p>13</p> <p>10-12 Foursome Bridge MR 10-10:45 Intro to Line Dancing TR 12-1 Food & Nutrition: Memory Boos MR 2-3 Tai Chi Practice MR</p>	<p>14</p> <p>2-3 *Tai Chi Chu'an MR</p>	<p>15</p> <p>9-10:30 Fast Forwards Walking Group OS 10:30-11:30 Line Dancing MR 12:30-2 Nature Walk w/ Horticulturist Bill Mclaughlin OS</p>
<p>18</p> <p>10-11 *Gentle Hatha Yoga TR 10-12 Yarn Crafters MR 1:00-2:30 Beginner Bridge MR</p> <p> COAT DRIVE starts today!</p>	<p>19</p> <p>1-2 Tai Chi Practice MR</p>	<p>20</p> <p>10-12 Foursome Bridge MR 10-12:15 Mac, iPhone, iPad (by appt.) KIT 1-2:30 Pumpkin Carving & Painting OS 2-3 Tai Chi Practice MR</p> <p></p>	<p>21</p> <p>2-3 *Tai Chi Chu'an MR</p>	<p>22</p> <p>10:30-11:30 Line Dancing MR 1-2:30 Acoustic Hour w/ Carl Gold MR</p>
<p>25</p> <p>10-11 *Gentle Hatha Yoga TR 10-12 Yarn Crafters MR 11:30-12:45 Book Club: The Red Lotus by Chris Bohjalian TR 1:00-2:30 Beginner Bridge MR</p>	<p>26</p> <p>1-2 Tai Chi Practice MR</p>	<p>27</p> <p>10-12 Foursome Bridge MR 10-10:45 Intro to Line Dancing TR 11-12 *Documentary: The Social Dilemma TR 2-3 Tai Chi Practice MR</p> <p>(*Virtual Documentary Discussion, 1-2 pm)</p>	<p>28</p> <p>2-3 *Tai Chi Chu'an MR</p>	<p>29</p> <p>9-10:30 Fast Forwards Walking Group OS 10:30-11:30 Line Dancing MR 12:30-2:30 Movie Classics: The Shining MR</p>